

## THOMSON LIFESTYLE CENTRE - PACKAGE DETAILS

### Details of the packages:

#### **Men's Vitality Package at S\$288**

Men's Vitality Screening Package includes measuring testosterone level together with the levels of other key hormones and silent diseases associated with Andropause.

To ensure safety during treatment, the package also screens for baseline parameters that may be affected by testosterone treatment.

#### **Deluxe Health Screening (Male & Female) at S\$770.40**

Deluxe Package for Male & Female includes detailed blood profile and investigations tailored for those above 40 years old to ensure early detection and intervention while taking control over your ageing process.

#### Core Components

1. Medical Consultation and Examination (Inc Review)
2. Body Index Analysis (BIA)
3. Urine & Stool Analysis
4. Chest X-Ray
5. ECG
6. Pap Smear (For Ladies)

#### Blood Test

1. Fasting Glucose
2. Lipid Profile
3. Haematology (FBC, ESR, PBF)
4. Tumour Markers (CEA, AFP, EBV Antibody, CA 19-9)
5. Females (CA125)
6. Males (PSA)
7. Renal Profile (Sodium, Potassium, Chloride, Creatinine & Urea)
8. Liver Profile
9. Thyroid Studies (T4 & TSH)
10. Bone & Joint (Calcium, Phosphate, Uric acid)
11. STD (VDRL & HIV)
12. Hep A & B Screening

#### Choose ONE From Group A

1. Treadmill ECG
2. Ultrasound Pelvis (Female only)
3. Ultrasound Liver
4. Ultrasound Bladder (Male only)
5. Ultrasound Breast (Female only)
6. Ultrasound Thyroid

Choose ONE From Group B

1. Ultrasound Abdomen
2. Mammogram with Ultrasound Breast (Female only)
3. Ultrasound Prostate (Male only)

**Special Maybank Cardmembers Health Screening Package:**

**Maybank Classic Package at S\$400 (S\$428 after GST)**

Customized package exclusively for Maybank card members, include detailed blood profile and investigations tailored for males & females, with choices of diagnostic tests and sensory tests.

Core Component

1. Medical Consultation and Examination (Inc Review)
2. Body Index Analysis (BIA)
3. Urine & Stool Analysis
1. Chest X-Ray
2. ECG (12 leads)
3. Pap Smear (For Ladies)

Blood Test

1. Fasting Glucose
2. Lipid Profile
3. Haematology (FBC)
4. Tumour Markers (CEA, AFP, EBV Antibody, CA 19-9) Females (CA125), Males (PSA)
5. Renal Profile (Sodium, Potassium, Chloride, Creatinine & Urea)
6. Liver Profile
7. Thyroid Studies (T4 & TSH)
8. Bone & Joint (Calcium, Phosphate, Uric acid, R.A Factor)
9. STD Screen (VDRL)
10. Hep A, B & C Screening
11. HsCRP, HbA1C, eGFR
12. Vitamin D (Osteoporosis)

Choose ONE From Group A

1. Treadmill ECG
2. Ultrasound Pelvis (Female only)
3. Ultrasound Liver
4. Ultrasound Bladder (Male only)
5. Ultrasound Breast (Female only)
6. Ultrasound Thyroid

Choose ONE From Sensory Tests

1. Tonometry
2. Audiometry
3. Spirometry

**Maybank Premium Package at S\$550 (S\$588.50 after GST)**

Customized package exclusively for Maybank card members, include detailed blood profile and investigations tailored for males & females, with choices of diagnostic tests and sensory tests.

Core Component

1. Medical Consultation and Examination (Inc Review)
2. Body Index Analysis (BIA)
3. Urine & Stool Analysis
4. Chest X-Ray
5. ECG (12 leads)
6. Pap Smear (For Ladies)

Blood Test

1. Fasting Glucose
2. Lipid Profile
3. Haematology (FBC)
4. Tumour Markers (CEA, AFP, EBV Antibody, CA 19-9) Females (CA125), Males (PSA)
5. Renal Profile (Sodium, Potassium, Chloride, Creatinine & Urea)
6. Liver Profile
7. Thyroid Studies (T4 & TSH)
8. Bone & Joint (Calcium, Phosphate, Uric acid, R.A Factor)
9. STD Screen (VDRL)
10. Hep A, B & C Screening
11. HsCRP, HbA1C, eGFR
12. Vitamin D (Osteoporosis)

Choose **ONE** From Group A

1. Treadmill ECG
2. Ultrasound Pelvis (Female only)
3. Ultrasound Liver
4. Ultrasound Bladder (Male only)
5. Ultrasound Breast (Female only)
6. Ultrasound Thyroid

Choose **ONE** From Group B

1. Ultrasound Prostate (Male only)
2. Mammogram with Ultrasound Breast (Female only)
3. Ultrasound Abdomen

Choose **TWO** From Sensory Tests

1. Tonometry
2. Audiometry
3. Spirometry